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Sexual Savvy – When She Has It and He Doesn't

by Pam Babbitt, S.I.

A *real* man is ready, willing and able to have sex anytime and anywhere. Clearly, his role includes being the Seducer, the Mind Reader, the Touch Maven, and the Giver of Multiple and Mind-Blowing Orgasms – all with infinite stamina – indisputably proving that he is the best lover his partner has ever had.

These MYTHS hold men to unrealistic standards and can have a negative impact on their sex-confidence. How does a man gain sexual experience without sexual experiences?

And what happens when he his partner has more sexual savvy than he does?



Les is mesmerized when he spots Chrissie's mass of shiny red curls cascading down her purple ski suit. The morning sun is favoring her with an aura of brightness as her lithe body bounces through the crowd and her designer sunglasses slip down her petite nose. The group's ski gear is being unloaded and Les is surveying it all from the sidelines. He is surprised to see Chrissie look his way *and* with a big inviting smile. When she winks at him, he watches more closely to see if others in the group are receiving the same warm welcome. Chrissie chats easily with everyone and when it becomes obvious that she can

hold up both ends of any conversation, Les begins to plan his approach strategy. Still in planning mode at dinner time, he is caught off-guard when Chrissie puts her hand on his shoulder and asks his opinion of the trail conditions, and later asks him to coach her on the moguls. Admittedly, she is not a great skier, but that does not seem to dampen her enthusiasm.

The next morning, Chrissie explodes with laughter as she navigates her first moguls, mostly on her butt, and when she loses a ski *and* a ski glove, she seems unfazed. Her laughter is infectious. Chrissie is a gusto grabber and Les is smitten.

Being a planner and a perfectionist, Les schedules daily ski lessons and makes dinner reservations before his first morning run. His nose is always well protected with white sunscreen and his parka pockets carry an unending supply of gum, tissues, and lip block. By nature, Les is reserved, often wishing that he had a bit more bravado. He is usually at home on the slopes, having grown up on skis, but this trip is different. Les is feeling rattled. He has never before skid with an incredibly appealing woman. What are the "rules"? Should he help her off the ski lift? Show her some techniques? Offer to pay for her lunch? Being unsure, Les holds back.

Fast forward. Les and Chrissie have returned home and it's their second date. When Chrissie opens the door wearing her favorite slightly revealing and very seductive outfit, Les is speechless. His eyes follow her every move and Chrissie basks in all her seductive glory. A bit later, she steps into her teacher role and shows Les how to make pizza. After some playful co-creating, the pizza emerges from the oven looking like a work of art, mostly due to Les's attention to detail, and it is every bit as delicious. The after dinner agenda is snuggling in front of Chrissie's TV with a bottle of wine and an episode of Sex in the City - a comfortable combination until Chrissie starts relating to the sexual escapades. When her conversation moves toward sexual history, Les gets uneasy. Chrissie shares openly about her previous partners, tossing in a few juicy details, and Les prays that his turn to disclose will never come. His previous sexual partners could be counted on one finger, and he fears that Chrissie may need extra digits to count hers.

When Chrissie puts her hand on Les's thigh, she feels his body tense. Sensing that he could use a little more encouragement, she initiates a kiss, and is delighted to see that he is enjoying it as much as she is. The erotic juices are flowing, and Chrissie is craving more. Slowly she moves her hand to Les's genitals and begins to knead gently.

Les's gulp is audible and Chrissie reads it as his natural response to being turned on. So she kneads more, and Les is mortified. There is no hiding his extreme arousal, and so far he has given Chrissie nothing. This was not in his plan for tonight. He feels totally unprepared and anxious with no clue as to how he should follow Chrissie's lead and no condom even if he did. His worse fear is that Chrissie will continue.

The rest of this tale is a good one – it's just waiting to be written. Please share your own version with us in our Reader's Forum.



"These MYTHS hold men to unrealistic standards and can have a negative impact on their sex-confidence. How does a man gain sexual experience without sexual experiences?"

If the above statements caught your interest, you may want to explore tantra. Whether you are male or female, tantric teachings will bring confidence, a greater understanding of sexual energy, and may help you to attract appropriate partners. Most practitioners offer a free initial consultation. - Pam